

Deb Vangellow NEP INSTRUCTOR

LPGA Class: Master Professional

Facility: Sweetwater CC Houston, TX

Job Title: Dir. of Instruction

Website:

www.debvangellowgolf.com

Deb Vangellow holds both a Bachelor of Arts and a Master of Science degree in Health/Physical Education/Coaching and Educational Leadership/Psychology from the University of Northern Iowa and Miami (Ohio) University, respectively. A multi-sport athlete who was a scholarship recipient, captain, and letter winner in soccer and track, Deb chose to devote her career path to developing into a top golf educator. Her experiences reflect this endeavor.

After holding numerous positions in Higher Education (academic advisor, resident director in facility housing student athlete undergraduate men, health and physical education instructor), she coached Division I collegiate golf at UNI and led the American Junior Golf Team that traveled to Europe in 1996 as part of the International Sport for Understanding Program. She has worked with the Japanese corporate-sponsored "Superlady" project/Kathy Whitworth Golf Academy (TX), the Heritage School of Golf at Old Orchard Golf Club (TX), the NIKE Junior Golf Camp at Pebble Beach (CA), Pine Forest Country Club (TX), Camp Olympia Junior Golf Academy (TX), and at Rice University (TX) teaching golf classes.

Deb now writes regularly for Houston Links and Southern Gaming and Destinations magazines and has contributed to Golf Digest, Golf World, Golf Illustrated, Gulf Coast Golfer, Tee Time, Junior Golfer, Golf Fitness, and Corporate Golfer magazines. She was the longtime female online "Professor" for Golf Illustrated Magazine. Vangellow is one of Golf Digest Magazine's "America's 50 Best Women Teachers," along with inclusion in the LPGA "Top 50 Teachers," GOLF Magazine's "Top Teachers," Golf Digest's "Top Regional Teachers," and US Kids Golf "Top 50 Kids Teachers." She was also continually listed as one of the "Top 50 Teachers" by the retired Golf For Women Magazine. She is a contributing author to the Chicken Soup For The Woman Golfer's Soul, Donald Trump's, The Best Golf Advice I Ever Received, and Greg Peddie's, I Am Not A Golfer, I Play Golf, top selling golf books. In 1997, Vangellow was honored as a recipient of the "Young Alumni Award" at the University of Northern Iowa and was twice named the LPGA's Central Section Teacher of the Year in 2002 and 2009. In 2008, her research project entitled "Less Is More And More Is Better: The Benefit Of Less Length And More Loft In The Driving Club For Recreational Women Golfers" was accepted for presentation and publication in two top Golf Research conferences; "Better Golf Through Technology" (www.bgtt.org) and the "World Scientific Congress Of Golf" (www.golfscience.us). Vangellow achieved LPGA Master Professional Certification in 2010, the highest level of golf instruction status in the organization. Continually learning, Vangellow studied with the late PGA Long Drive Champion and kinesiologist Mike Austin and has been implementing awareness/learning from her experiences with Educational Kinesiology/Brain Gym, The Alexander Technique, Bikram Yoga, SNAG, Vision 54, and Total Wellness into her instruction programs, emphasizing body/mind/spirit balance. She credits much of her education in golf to invaluable experiences with instructors Betsy Cullen, Betsy Clark, DeDe Owens, Charlie Epps, Mark Steinbauer, Jackson Bradley, Craig Harmon, Kathy Murphy, Debbie Crews, Dana Rader, Matt Reams, and LPGA Hall of Famers Carol Mann and Kathy Whitworth.

In addition to teaching men, women, senior and junior golfers of all skill levels individually and in groups. Vangellow is the National Vice President for the LPGA Teaching and Club Professional Membership and a lead instructor on the renowned faculty for the LPGA National Education Program, the industry leading teacher training program for golf professionals. She is also a select invite to the AMF Instructor Division, reserved for the top 300 golf instructors in the world who are passionate about their profession and continue to learn and grow for the betterment of the golfer, game, and industry. A busy golf educator who gives 2000+ lessons each year, Deb believes in teaching the whole game to the whole person. Her wellness-based, student-centered teaching philosophy includes golf education programming in the areas of skill development, clubfitting, peak performance awareness/implementation, and overall health and fitness ideals. Along with being a brand ambassador for Sterling McCall Toyota (www.smccallltoyota..com), Deb's equipment sponsor is Titleist (www.Titleist.com) and her preferred apparel is NIKE (www.NIKE.com).



Dr. Debbie
Crews Ketterling
NEP INSTRUCTOR

LPGA Class: Master Professional

Facility: Arizona State Univ.
Professional Golf Mgmt

Tempe, AZ

Job Title:

Faculty Research Associate

Dr. Debbie Crews Ketterling is a Faculty Research Associate at Arizona State University (ASU) in the Department of Kinesiology and a Consultant to the ASU Women's Golf Team. Crews joined the Ladies Professional Golf Association (LPGA) Teaching and Club Professional membership in 1981 and has been a Class A member since 1990. Golf has been a major influence in her life for the past 45 years, the first 12 of which she played in amateur tournaments. She started the Women's Golf Team at the University of Wisconsin (Madison) and was the first player to letter.

Crews Ketterling earned her master's degree at ASU in Exercise Physiology and began systematically studying the game of golf. Her research in the 1980's began with a study examining the physiological and psychological characteristics of LPGA Tour players. This line of research led to an interest in the value of golf for children with Attention Deficit Hyperactivity Disorder (ADHD) and various special needs populations. Her golf research has been published in research journals, in published proceedings, and in applied journals. In 2007 *GOLF Magazine* honored Crews Ketterling for her research with Dr. Charles Adler and the Mayo Clinic on the "Yips" and as one of 12 innovators representing a cross section of the many exceptional minds who are working in creative ways to make golf better. Crews Ketterling is listed on the LPGA's 50 Best Teachers for 2008-2009.

After obtaining her doctorate degree from ASU in sport and exercise psychology, Crews Ketterling began a study of the brain and heart as indicators of attention during golf putting. This has been the focus of her research for the past 12 years. She has shared her results and findings with the LPGA National Education Program Series.



Vicki Phillips
NEP INSTRUCTOR

LPGA Class: Master Professional

Facility: Everybody Golf School

Oakton, VA

Job Title: Teaching Professional

Vicki Phillips is a dedicated and highly recognized educator with greater than 20 years of experience as an LPGA member. She is recognized for her playing ability, teaching talent, communication skills, and leadership ability. Phillips has received recognition for her teaching ability from *Golf Digest* as a 50 Best Women Teachers in America 2010-2011 and the LPGA Top 50 Best Teachers 2008-2009. *Golf Digest* also recognized her in 2009–2010 as one of the top women teachers in the state of Virginia. In 2002 and 2003, she was voted one of the Top 50 Teachers by *Golf for Women* Magazine.

Phillips' involvement in the Teaching and Club Professionals is commendable. In addition to her appointment as faculty in the National Education Program, she is the past president for the LPGA Northeast Section, and a previous member advisor. A strong player, she holds the titles for the 2001 T&CP National Senior Champion, and the 2002 Northeast Section Senior Champion.

Phillips is an instructor at Everybody Golf School in Oakton, VA. In this capacity, she is well known for her playing ability and coaching skills. She attended the University of Northern Colorado with a concentration in education and history and is completing a master's thesis for LPGA Master Professional Certification.

Her interests outside of golf include long-distance cycling, travel, and health and wellness.



Jane Frost
NEP INSTRUCTOR

LPGA Class: Class A

Facility: Sandwich Hollows GC

E. Sandwich, MA

Job Title: Teaching Professional

Owner

Jane Frost brings a wealth of experience and enthusiasm to the lesson tee along with some very prestigious awards and golf industry recognition. She is well known in New England as an outstanding teacher and mentor. Frost has served as Past President and three-time champion of the LPGA Northeast Section Teaching and Club Professional Membership.

Frost has been honored by *Golf Magazine* as one of the "Top 100 Teachers in America" 14 times and 8 times by *Golf for Women* Magazine's "Top 50 Teachers". In addition, Frost was named one of *Golf Digest*'s "Top 50 Teachers" nationally and #1 in Massachusetts 4 times.

"Jane Frost is a great teacher. I like the way she manages to keep the learning process fun and simple. Over the years I've had the good fortune to have worked with some of the best instructors in the world, and I would class Jane as one of them."

AW –PGA Member [Great Britain]



Joanne Foreman

NEP INSTRUCTOR

LPGA Class: Class A

Facility: Pure Impact

Bellevue, WA

Job Title: Performance Coach

Joanne Foreman grew up playing golf in Southern California and after winning many junior titles, including the Junior World championship, attended Stanford University on a full scholarship. She was a collegiate All American, Pac 10 Conference Champion and a Pre-med/Biology major. She graduated in 1983 at the age of 20 and went on to be the 1983 U.S Women's Amateur Champion, 1984 Western Amateur Champion and 1984 Curtis Cup Team member.

Foreman completed her pre-med curriculum and graduated with a B.A. in Human Biology from Stanford University in 1983. In addition to becoming an LPGA Class A Teaching Professional and LPGA NEP Instructor (National Education Program), she completed over 130 hours of training as part of the Advanced Corporate Coaching Program (ACCP) through Corporate Coach U, one of the nations leading coach training institutes.

She qualified for the LPGA Tour on her first attempt and competed for the next five years on the LPGA Tour, European Tour and Japanese Tour. In 1990, she expanded her LPGA affiliation as a Teaching and Club Professional Member and began her coaching career at Sahalee C.C. in 1991.

Joanne is able to draw on more than two decades of experience as a world class amateur and professional athlete. She has over 17 years of coaching experience in golf, sports, business and leadership. Joanne's unique "Cross Training" model of EI (emotional intelligence) across both sports and business coaching brings the best of both coaching models together in one powerful process.



Kathy Gook
NEP INSTRUCTOR

LPGA Class: Class A

Facility: Golf British Columbia

Richmond, BC Canada

Canada

Job Title: Dir. Of School of Golf

Kathy Gook has been a golf educator in the Phoenix area for the past 19 years working at both public and private facilities around the valley. Cooler weather in her native Northern British Columbia takes her for the summer months where she is the local Teaching Professional instructing at The Farm in Quesnel. Her duties throughout the year include running Fun Junior Golf Programs, adult instruction, specialized golf schools, practice clubs, clinics, and the always popular playing lessons. Kathy has been certified by the Titleist Performance institute as a golf fitness Instructor at their highest level. Golf fitness evaluations, along with on-line workout programs are available for students.

Kathy has been a top ranked instructor learning from the best instructors within the LPGA. Her accolades include: Golf For Women Top 50; Golf Range Top 50; Golf Magazine Top Instructors in the state of Arizona. She is presently a faculty member with the LPGA National Education Program that teaches the teachers.

Kathy volunteers much for the sport of golf, as she is the Tournament Director for the Nationally ranked girls golf tournament, The Joanne Winter Arizona Silver Belle Championship, and is a Board member for the Junior Golf Association of Arizona.

Prior to becoming an instructor, Kathy spent 4 years playing golf professionally on the Asian Tour, European Tour and American mini tours learning and experiencing much from the competitions. She is a graduate of Simon Fraser University in Burnaby, BC, where she spent 4 years playing varsity Basketball. After graduation, Kathy was recruited to play semi-professional Basketball in Australia, playing two years in the National league for the Brisbane Bullets.

Phoenix - Arizona Republic - I believe it is John Davis who writes the golf section British Columbia - Quesnel Cariboo Observer.

www.quesnelobserver.com