LPGA Western Section Seminar

The Psychology of Teaching

Featuring: Rick Sessinghaus

The mental game is a hot topic and now you can learn from "Golf's Mental Coach" Rcik Sessinghaus, PGA and PsyD. He will show you how to help your students better their physical, mental and emotional game!

Topics:

- How to tailor instruction to a student's needs
- Define "coaching"
- Motivating students
- Application of mental skills on the "range"
- Introduction to the "Focus Band"

Monday, June 2, 2014

8:00 am – 3:00 pm

Valencia Country Club
27330 North Tourney Road
Valencia, CA 91355

Host: Alison Curdt, LPGA and PGA Class A
Alison@pga.com 562-981-4662

Fee: LPGA Members $90 Non-LPGA Members $100

Accommodations:
Holiday Inn Express Valencia
27513 Wayne Mills Place
Valencia, CA 91355
Discount code:

Certification: LPGA members will earn 4 LPGA CU's. Attendance will be sent to the PGA.

Format: Indoor and outdoor sessions
***Golf attire required. Bring a short of mid iron of your choice*

LPGA

Meet Your Speaker

Rick Sessinghaus, Psy.D, is known as "Golf 's Mental Coach". He is the expert on the mindset principles that make or break performance on and off the course. His coaching has helped top junior, collegiate, and professional golfers reach new levels of performance. Rick's book **Golf: The Ultimate Mind Game** has been featured in national golf magazines and used by leading golf instructors across the country as the "best resource to improve your mental game."

- Member of the PGA *(Professional Golfers Association of America)*
- Doctor of Applied Sports Psychology
- Certified Master Trainer of NLP *(Neuro-Linguistic Programming)*
- Mental Game Credited Professional
- Certified Practitioner of Athlete Assessments' DISC Profile
- 2008 Southern California PGA Metro Teacher of the Year
- Named Golf Tips Magazine Top 25 Instructors in America

Agenda

Monday, June 2, 2014

8:00 am	**Breakfast**
9:00 am	**Introduction:** Schedule and guest speakers
9:30 – 10:45 am	**Session I:** Personality, Learning styles, How to tailor instruction to student's needs, learning state in both the mental and physical arenas, needs of students, defining "coaching" and "The Psychology of Teaching"
10:45 – 11:00 am	**Break**
11:00 am -12:00 pm	**Session II:** • Motivating students and how to make them better players • How to be our best coach • "The Mental Game of Being a Coach"
12:00 – 12:45 pm	**Lunch**
12:45 – 2:30 pm	**Session III:** *on the range* Application and integration of mental skill in coaching
2:30 – 3:00 pm	**Summary and Evaluation**

LPGA Western Section Seminar

Registration Form

WK14-W1 ~ **"The Psychology of Teaching"**

Monday, June 2, 2014

LPGA Members	Non-Members
☐ $90.00	☐ $100.00

Registration Deadline: Friday, May 9

Name:_____ **LPGA ID #:**_____

PGA ID #: _____

Mailing Address:_____

City:_____ **State:**_____ **Zip:**_____

E-Mail:_____ **Phone:**_____

Method of Payment: ☐ **Check #**_____

☐ **Mastercard** ☐ **Visa** ☐ **AMEX** **Amt. To Charge: $**_____

Card #:_____ **Exp. Date:**_____/_____

Cardholder's name as it appears on the card:_____

Signature:_____

I understand and agree to abide by the following:

Payment Policy: Payment for the full program fee in **U.S. funds**, made payable to the LPGA T&CP Membership, must be included. Payments will be processed upon receipt.
An insufficient funds or returned check will incur a fee of 50% of the check amount or credit card charge plus a $25 U.S. bank charge.
Cancellation Policy: The program may be cancelled due to lack of the minimum number of participants required**. Cancellations received** two weeks or less **from the date of the program, and no-shows, will** forfeit 100% of the program fee.

Mail registration form with payment to:

LPGA Attn: Gwen Checho. 100 International Golf Drive. Daytona Beach, FL 32174

or FAX to: 386-236-5920