National Education Program Series LEVEL I - Core Education

This program is the core education that all members are required to take before selecting a specialty track.

Program Objectives

- 1. To provide a knowledge base and facilitate development of the communication skills required for leadership and success within the golf industry.
- 2. To provide the participants with a basic foundation in the areas of fitness, biomechanics and kinetics of the golf swing and equipment fitting.
- 3. To introduce and facilitate development of the psychological aspects for optimal performance.
- 4. To present the LPGA policies, standards and components of professionalism and personal development.
- 5. Concepts are presented using golf specific research and theory with practical application to enhance the learning process.

Program Format

- 1. All programs are interactive in nature, balancing theory and practice.
- 2. Concepts presented in the classroom through dynamic audio-visual presentations are applied thorough "hands on" learning experiences, either at the practice facility or in real-life simulations.

Self-Study (Complete prior to Level I Program)

Required Readings

NOTE: All books need to be purchased on your own.

- 1. The One Minute Manager, Ken Blanchard and Spencer Johnson, Berkley Pub. 1993
- 2. Raving Fans, Ken Blanchard, et al., Morrow and Co. 1993
- 3. Golf: Energy in Motion by Dr. Debbie Crews Ketterling (LPGA Provides with Manual)

Required Forms - The below forms need to be completed and sent to LPGA HQ prior to attending Level I Program.

- 1. Participant Information Form: http://www.lpga.com/LevelOnePartInfo
- 2. Personal Mission Statement: http://www.lpga.com/LevelOneMission
- 3. Myers-Briggs https://online.cpp.com/en/index.aspx

Login: LPGAassessment Password: lpgarocks1

User ID: Leave Blank NOTE: The log in is case sensitive, so enter exactly as shown.

Program Outline

The Level I-Core Education is four (4) days in length from 8am - 5pm.

- Day 1 Overview of Program Communication and Integrated Performance Systems (IPS)
- Day 2 Integrated Performance Systems Equipment Considerations and IPS Application
- Day 3 IPS Review, Performance for the Teacher/Coach Manager and Performance Application
- Day 4 Golf Fitness, LPGA Requirements, and Professional Development

Evaluation Requirements - Complete details:

http://www.lpga.com/CoreEvalRequirements

Next Steps - Level II and III

The LPGA NEP Series offers three certification tracks after completion of Level I - Core Education.

- Teaching: http://www.lpga.com/tcp/nep-overview.aspx
- Coaching: http://www.lpga.com/tcp/nep-overview.aspx
- Managerial Leadership: http://www.lpga.com/tcp/nep-overview.aspx